



1979-8172686572-4

### Bicycles, Inc. and Bicycling

**INGREDIENTS:** ENRICHED LIFE, FUN, FITNESS, FREEDOM, FRIENDS, BICYCLES, PARTS AND ACCESSORRIES, ELECTRA, HARO, SPECIALIZED, TREK, SERVICE, RENTALS, PEOPLE(IT'S PEOPLE!), HIGH IN CARBON FIBERS, MOLYBDENUMS, MONOPEDALRIDES, POLYPEDALRIDES, LYCRA, TRICYCLERIDES, ALTERNATIVE TRANSPORTATION, FORTIFIED FAMILIES, REDUCED STRESS, FUNPHATES, RIDOFLAVINS, GREAT SOURCE FOR SELFIES, LIFE PRESERVATIVES, AEROBIC AND ANAEROBIC EXERCISE, WISDOM, UNICYCLES, EXPERIENCE, ADVICE, LACTIC ACID IF OVERDONE, CLOTHING OPTIONAL, BUT HIGHLY RECOMMENDED.

**LUBRICANTS:** WATER AND ELECTROLYTES BEFORE, DURING, AND AFTER. BEER AFTER RIDING, AND DURING CYCLOCROSS RACES. CHOCOLATE MILK AND SLUSHEES/SLURPIES ALSO RECOMMENDED FOR GOOD RECOVERY.

Total Fun		100%
Saturated Fun		95%
Transportation Fun		5%
Cholesterol Reduced -mg		0%
Calories Reduced <i>400/hour to 1200/hour</i>		0%
Recommended Daily Serving:		1 ride per day



[www.BicyclesInc.com](http://www.BicyclesInc.com)